This year, as the world slowly emerges from the COVID-19 pandemic, Plan International’s State of the World’s Girls report is focused on girls’ and young women’s political participation. The report is based on a large-scale survey of almost 29,000 girls and young women ages 15-24 from 29 countries spanning all regions, income levels and civic contexts. Additionally, researchers conducted in-depth interviews with 94 girls and young women across 18 countries.

Girls are not a homogenous group and their opinions and experiences are as diverse as they are. They vary as individuals and according to location, ethnicity, religion, gender identity, sexual orientation and a host of other intersecting factors. The overarching aim of this research is to explore and understand girls’ and young women’s attitudes toward, and experiences of, political and civic participation and institutions across these many different backgrounds, looking both at where they differ and what they have in common.

“But as a woman I’ve noticed that … you prepare very differently for participating in a political discussion than men and boys do. I feel that men and boys are encouraged just by nature to be in those spaces whereas as a female, you feel that space isn’t made for you.”

Anna, 23, Germany
What We Wanted to Know

— How do girls and young women conceptualize politics, and which political issues do they prioritize?
— How do they view their political leaders, and do they feel properly represented within the political sphere?
— What influences their decision to participate in politics? What puts them off and what inspires them?
— What strategies and support need to be in place to enable them to become more actively engaged in the issues and campaigns they feel are important?

To make your voice heard and have your opinions, experiences and rights taken into consideration when decisions are made — often far away from the places and people that these decisions will matter to most — is crucially important: important as a right, important to inform policy and programs that seek to improve lives and opportunities, and also critical to promoting gender equality.

“People have no money to buy maize to eat. The girls whose house is next door to mine only eat once a day and have to beg for food.”

Alice, 16, Benin

Overall, girls and young women, when asked, defined politics as relating to the more formal affairs of state, but in fact their own political involvement was wide-ranging. Much of their involvement in political issues was at the local level. They were concerned about the environment, poverty and education and about political decisions that affected their communities and everyday lives.

“When I hear the term politics, I mean politics in the sense of affairs of state ... I’m going to talk about it in the sense of business, state business. I can say it’s a way of governing. It's a way of managing the state affairs.”

Minerva, 23, Togo

Climate change, poverty, hunger and conflict are impossible to ignore and, as they get older, adolescent girls and young women are starting to become more politically conscious, more interested in social issues and increasingly aware of how decisions made, both locally and nationally, will have an effect on their lives.

“They think we’re too young to talk about it, that we don’t know anything ... because it’s a girl talking, and they’ll think it’s not a priority.”

Amanda, 15, Brazil
It is clear from the research that girls and young women are interested in political participation at both local and national levels. Of survey respondents thought participating in politics was important. 97% of girls & young women surveyed had some experience of participating in or engaging with politics. 83% of survey respondents are involved in some form of group or organization, indicating significant levels of civic engagement & participation. 63% of survey respondents are involved in some form of group or organization, indicating significant levels of civic engagement & participation.

Girls and young women are politically active in many different ways, from voting and signing petitions, to joining diverse youth movements and participating in school councils. Fewer than 1 in 3 girls agreed that politicians & political leaders understand the views of girls & young women.

Girls and young women do not feel properly represented:

- 11% reported that they were generally happy with their leaders’ decisions on issues they care about.
- 1 in 5 girls have personally been discouraged from engaging with or participating in politics.
- 1 in 10 girls think women are not qualified to be political leaders.
- 24% of those who aspire to participate in politics can see themselves running for political office.
- Only about 50% of girls and young women believed that, in their communities’ view, it was acceptable for girls and young women to engage in political activities.

Respondents who identify as LGBTQIA+ and those from marginalized backgrounds were found to hold more negative views about political leadership. 97%

Gender norms still hold girls back as, for some of them, does the abuse and harassment that they see female politicians and activists being subjected to.
Girls and young women have the right at local, national and international levels, to take part in the decisions that affect their lives. There are ways to make this happen.

Four routes toward greater girls’ political participation

**Decision-makers at all levels** must institutionalize the meaningful and safe participation of girls and their groups through the adoption of fully resourced and accountable policies, strategies and frameworks.

**National and local governments** must ensure access to diverse and inclusive pathways toward political participation, including resourcing and strengthening civic education and leadership opportunities and facilitating girls’ inclusion in local decision-making processes.

**Governments and social media companies** must address the violence experienced by women politicians and girl activists by adopting a zero-tolerance approach to violence. The media can support by promoting positive images and by calling attention to violence experienced in both online and offline spaces.

**United Nations, governments and civil society** should recognize girls’ vital and distinct role in civil society and provide accessible resources so that girls’ organizations are resilient and sustainable in the face of crises and external threats.

Girls and young women, in all their diversity, need all the support they can get to organize and mobilize to ensure that they, and their organizations, are fully equipped to play their part in the future of their communities and countries.

“I won’t be afraid if I’m a part of it, because of course there are many of us. It’s hard if I do it alone.”

Rosamie, 16, Philippines

For a full breakdown of research findings: plan-international.org/equal-power-now

THE STATE OF THE WORLD’S GIRLS

2022