

# YOUR IMPACT



FALL 2019

SPONSORSHIP STORY:  
**Being a Sponsored  
Child Changed My Life**

MARK YOUR CALENDAR:  
**International  
Day of the Girl**

COMING SOON:  
**Your Holiday Gifts  
of Hope Catalog**

Gifts of Hope Report Back:

## Your Gifts of Hope in Action

One Meaningful Gift, One Brighter Future.

# Gifts of Hope Report Back: **Your gifts change lives.** Just ask Gloria!



Gloria, 17, shows off one of her designs.

Her parents died within weeks of each other. No one could take care of her and her siblings. So being the oldest daughter, she had to leave school and work to support her family.

But hope remained. Through your support of Plan's programs, Gloria took a sewing course. She even got a sewing machine! **And now, she has her own tailoring business.** But your impact doesn't end there. Gloria is also teaching two of her friends to sew and plans to hire them.

This is the kind of change your Gifts of Hope are making. **One sewing machine can rewrite a girl like Gloria's entire future.**

Thank you for lifting her up!

*"Without the training or the sewing machine, I would be suffering in poverty,"*

Gloria says.

*"Getting those gifts was the turning point of my life."*

Mark your calendar for...

*International Day of the Girl*

OCTOBER

11

On October 11, the world will celebrate International Day of the Girl, a global day of action to support gender equality and amplify girls' voices. This month, you can join Plan as we raise awareness of the importance of equal representation of girls and young women in the media.



Tania recently took over as the Minister of Finance in Indonesia.

We're planning several "takeovers" where girls will assume leadership roles at businesses, nonprofits, and governments worldwide. They'll get the chance to engage in transformative conversations about how girls are portrayed on screen, in print, and

in advertising, and how to make room for stories of girls' power and achievement. Last year, more than 1,000 girl "takeovers" were organized by Plan offices around the world. To learn more and join the celebrations, visit:

[planusa.org/international-day-of-the-girl-2019](http://planusa.org/international-day-of-the-girl-2019)



Maria took over for the Director General of Taxes at Indonesia's Ministry of Finance.

Charlene and Paul pose with Ruth, Ana, friends, and Plan staff on a trip to Honduras in 2016.



## Sponsorship Story: Being a Sponsored Child Changed My Life

Walking down the street in a small town in Honduras, Charlene took her sponsored child's hand. Her name was Ruth. Over the next 20 years, Charlene and her husband Paul would forge a long-lasting connection between their two families, transcending countries and cultures.

Now 24, Ruth remembers their impact. Their friendship enriched Charlene's life, too.

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**“They’ve been visiting us since I was 4 years old,”** Ruth says. **“Meeting them and listening to their advice changed my life.”**

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**“Being a sponsored child has been a wonderful experience that now my daughter gets to enjoy,”** Ruth says, smiling.

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Now, Charlene and Paul are sponsoring another little girl: Ruth's daughter, Ana—and Ruth couldn't be happier.

Thanks to caring donors like you, more than 30,000 children in Honduras have the support and encouragement of a sponsor.

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**“It’s an honor to sponsor a child,”** Charlene says. **“We’ve seen so much improvement in the community.”**

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Coming Soon to Your Mailbox:

## Gifts of Hope for the Holidays

It doesn't take a lot to change someone's life. With one gift, you can help end poverty.

You can protect a girl from trafficking. You can nourish a family. You can prepare a child for school. You can care for an expecting mother. With just one gift.

### How will you give hope?

Top 5 Gifts So Far This Year

1. Where Needed Most | \$30+
2. Protect a Girl | \$50+
3. Chickens and Ducks | \$18
4. School Supplies for a Child | \$18+
5. Mother-to-Be Care Kit | \$24+

Give using the enclosed form or online at: [givedifferently.org](http://givedifferently.org)

## Recipe: Dates Laddu

India

Prep Time: 12 minutes

Cook Time: 3 minutes

Servings: 8

### Ingredients

- 20 large dates (pitted)
- 1/2 cup of nuts (almonds, cashews, walnuts, pistachios, peanuts, or mixture)
- 1 tablespoon of dried coconut (optional)

### Instructions

1. Dry roast nuts for a few minutes on stove top. Set aside to cool.
2. Heat dates in a pan until soft and set aside.
3. Lightly brown coconut (optional).
4. Stir dates by hand or in blender to form a paste.
5. Chop nuts finely.
6. Combine dates and nuts by hand or in blender.
7. Roll into small balls and coat with dried coconut.



### Plan International USA

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## No Time to Write Letters?

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